

# **Developmental Disabilities Administration**

January 2021

### **Adult Family Home Meaningful Day**

Adult Family Home (AFH) Meaningful Day provides support for eligible clients living in Adult Family Homes who experience behaviors of significant frequency and intensity. Adult Family Home providers create individualized, proactive strategies such as person-centered activity plans and individualized calendars to engage clients in activities that are important to them. Activities are designed to refocus behavior, improve health, and overall reduce the frequency and intensity of challenging behaviors.

Meaningful Day provides service planning and activity inclusion to improve the quality of life and continuity of care for people living in Adult Family Homes.

### **Eligibility Criteria**

Meaningful Day is available to clients of the Developmental Disabilities Administration (DDA) who:

- Live in an adult family home, and;
- Have a CARE-assessed behavior point score of 12 or higher; or
- Have a diagnosis of dementia, such as Alzheimer's Disease, with an assessed need for activities offered under Meaningful Day

#### **Qualified Providers**

AFH providers who complete required training and are contracted with DSHS may provide Meaningful Day.

## **Quality Assurance Oversight**

DDA Case Resource Managers and Meaningful Day specialists

- DDA Office of Residential Services
- DSHS's Aging and Long-Term Supports Administration



### **Stakeholders**

- Individuals receiving services
- Families and/or legal representatives of DDA participants
- Advocacy organizations
- Adult Family Home providers
- Adult Family Home Council

#### **Contact**

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Approximately 1400 participants enrolled with the Developmental Disabilities Administration receive supports in an adult family home.